

**MULTI-SERVICE SENIOR CENTER**

40086 PASEO PADRE PARKWAY

FREMONT, CA 94538

www.ci.fremont.ca.us

TICKETS INFORMATION # 790-6610

**Dessert**

OFFICE # 790-6600

\*Vegetarian Option Available



LUNCH: 12:00 NOON

Members: \$4:00 SENIORS

Non-Members: \$5:00

Youngsters: \$6:00

**LUNCH SEPTEMBER 2003****SOLD:****FIRST-COME, FIRST-SERVED**

NO REFUNDS, NO EXCHANGES

MEALS ARE COOKED ON SITE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <b><u>CLOSED FOR</u></b> <b><u>LABOR DAY</u></b>	2 Albóndigas, Basque Lamb With Tomatoes & Olives, White Bean Salad, Vegetable Roll, Dessert	3 Breast Of Chicken With Herbs & Tomatoes, Pasta With Pesto, Garlic Bread, Vegetable Salad, Dessert	4 Oven Baked Snapper Rice Pilaf, Tar-tar Sauce, Vegetable Salad, Roll, Dessert	5 Roasted Asian Style Chicken Over steamed Rice, Vegetable, Salad Roll, Dessert
8 Roast Chicken With Lemon Grass & Garlic Potatoes, Vegetable Salad, Roll, Dessert	9 Tandori Chicken Rice, Vegetable Salad, Nan	10 Open Face Turkey Sandwich With Gravy Mashed Potatoes, Salad Cranberry Sauce Vegetable, Roll, Dessert	11 Braised Lamb Shanks Assorted Vegetables Potatoes, Salad Roll, Dessert	12 <b><u>Birthday Party \$5-</u></b> New York Roast With Gravy & Baked Potato Vegetable, Salad Roll, Dessert
15 Chicken Filled Crepes With A Saffron Sauce Wild Rice Pilaf, Salad Vegetable, Roll, Dessert	16 Grilled Liver & Onions Mashed Potatoes Vegetable, Salad Roll, Dessert	17 Baked Salmon With Dill Sauce, Mixed Grain Pilaf, Vegetable, Salad Roll, Dessert	18 Oven Roasted Pork Loin With Gravy, Salad Roast Potatoes Vegetable, Roll, Dessert	19 Beef Stroganoff Over Noodles, Vegetable Salad, Roll Dessert
22 Roasted Lamb With Roasted Potatoes Gravy, Vegetable, Salad Mint Jelly, Roll, Dessert	23 Vegetarian & Meat Lasagna, Garlic Bread Vegetable, Salad Dessert	24 Ham En Croûte Potato Au Gratin Vegetable, Salad Roll, Dessert	25 Crab Cakes, Cole Slaw Tar-tar Sauce Steamed Potatoes Vegetable, Roll, Dessert	26 Roasted Chicken With Lemon Tarragon Butter, Potatoes With Mustard
29 Walnut Crusted Chicken Breast, Tossed Salad, Vegetable, Roll Dessert	30 Meat Loaf With Gravy Mashed Potatoes Vegetable, Salad, Roll Dessert	OCTOBER 1 <sup>ST</sup> Grilled Pork Chops Sausage & Corn Bread Dressing, Gravy, Red Cabbage & Apples, Salad Roll, Dessert	2 <sup>ND</sup> Oven Roasted Tri-tip Mashed Garlic Potatoes, Gravy, Vegetable, Salad Roll, Dessert	3 Philly Style Cheese Steak (beef), Tatar tots Salad, Dessert

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOODS. Please Note: If you take food home with you from the meal site, it is done at your own risk. Be sure to eat food or refrigerate it within 30 minutes of leaving the site. Reheat in a 350 degree oven until bubbly for 5 minutes. Discard any food left after 3 days.